

Heart Facts for Seniors



- 42.2 million people over age 60 have a cardiovascular disease
- 51% of cardiovascular procedures were for people over age 65 in 2010
- Heart disease is the leading cause of death in the United States among seniors

MEN

- 70% of men between 60-79 years old have a heart disease
- Black men are at higher risk of heart problems
- The average age of 1st attack is 64.7 years

WOMEN

- Women between 65 and 84 are more likely to have a stroke
- Cardiovascular events tend to occur later in life for women than men
- High blood pressure is more common in women, averaging 80% for those over 75

(The American Heart Association)